

Parenting Essentials

Fall 2023

Instructors: Drs. Andreas & Marny Köstenberger

Overview

Parenting Essentials introduces students to the essentials of parenting: realistic, relational, and responsible parenting, with an emphasis on equipping parents for the entire life cycle of parenting from infancy to mature adulthood.

Logistics

- The class will be held on four successive Friday evenings from 7-8:30 p.m.
 - Please follow the schedule in the course outline below.
- The first class will be on Friday, September 15.
- The cost for the course is \$10.
- Students must obtain the book for required reading.

Required Reading

The following book will be required reading for the course:

- *Parenting Essentials* by Andreas J. and Marny E. Köstenberger

Course Outline

Below is a rough outline for the course. All required reading is from *Parenting Essentials*.

Week	Date	Topic	Reading
1	9/15	Introduction to Parenting Essentials, Realistic Parenting	Chapters 1-3
2	9/22	Relational Parenting	Chapters 4-6
3	9/29	Responsible Parenting	Chapter 7-9
4	10/6	Parenting and the Contemporary Culture	

Assignments

The following assignments must be completed as part of the course:

1. Students must attend all class sessions unless providentially hindered.
2. Students must read all chapters in *Parenting Essentials*.

Completion

Upon completion of the class and all assignments, students will be given a commemorative Equipping Center coin, as well as recorded credit for the course.